

Doing Sukhmani Sahib Paath at home?

The following is a list of items you will need in your home:

1. Gutkas – it's nice to have extras for those who do not have their own. Also, there are a few apps that carry the Sukhmani Sahib in Gurmukhi, English and/or both. People can download iGurudwara app and read along through the App.
2. Normally each person can alternate (take turns) to lead the reading of a verse of the Sukhmani Sahib, while the group follows with the next line. The entire Sukhmani Sahib is read easily this way plus each person will have a chance to read verses without putting a burden on just one person.
3. Rumals (head coverings for men)
4. Parshad (must be made while wearing head covering and reciting paath or Vahe Guru, Vahe Guru)
5. Napkins in prayer room
6. Thali, steel bowl, kirpan for the blessing of the Guru ka langar
7. Buy or borrow large white sheets to lay down on your carpet where people will sit during the paath

This type of paath is the reading of a specific prayer and not the entire a reading of the Guru Granth Sahib (which occurs at an Akand Paath or Sahej Paath), therefore it does not require a formal altar of any of the items and processes that goes with constructing an altar and housing the Granth Sahib. For the Sukmani Sahib each person will be holding their individual gotkhas and reading from them. Once the recitation is complete and the ardaas has been done, the congregation can gather and enjoy langar that has been prepared prior to the paath.

For more information you can always contact the Gurudwara supervisor on details available in the contact us section.